

Week 2 – Main Menu

<p><i>Monday</i></p>	<p><i>Lunch: Macaroni cheese with petit pois and crusty baguette, fresh chopped fruit, water/milk Da Ce (lyburn gold, red Leicester, mild cheddar cheese, organic cream and milk)</i></p> <p><i>High Tea: Wholesome Soup of the Day, buttered bread, fresh chopped fruit, water</i></p>
<p><i>Tuesday</i></p>	<p><i>Lunch: Roast Oakvale ham, roast potatoes, baton carrot and swede, fresh chopped fruit, water/milk cel (Stock made from chicken wings, vegetables, garlic and herbs)</i></p> <p><i>High Tea: Chicken & sweet pea paella Cel, fruit scones Da Ce, tomato wedges, fresh chopped fruit, water</i></p>
<p><i>Wednesday</i></p>	<p><i>Lunch: Turkey a la king with basmati rice, fresh chopped fruit, water/milk Da Cel (Diced turkey breast, fresh chicken stock, organic cream and milk)</i></p> <p><i>High Tea: Tuna, tomato & vegetable pasta Fi Cel Ce, julienne pepper & cucumber salad, fresh chopped fruit, water</i></p>
<p><i>Thursday</i></p>	<p><i>Lunch: Shepherd's pie with cut green beans, fresh chopped fruit, water/milk Cel Da (Lean minced leg of lamb, carrot, mushroom onions celery, herbs, and melody potatoes)</i></p> <p><i>High Tea: Fill your own roll ups Ce with cheese Da & salad, apricot & sultana loaf Da Eg Ce, fresh chopped fruit, water</i></p>
<p><i>Friday</i></p>	<p><i>Lunch: Moroccan fish with pasta twirls, fresh chopped fruit, water/milk Cel Fi Ce (Cod loin, sweet potato, haricot beans, mushrooms, celery, peppers, tomato, with fusilli pasta)</i></p> <p><i>High Tea: Red pepper and tomato tart Da Ce, borlotti bean and grated carrot salad, fresh chopped fruit, water</i></p>